

OCTOBER 2023 TALLADEGA COUNTY SCHOOLS BREAKFAST MENU

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Weather Day No School	3 Sausage Biscuit 1ea OR Assorted WG Cereal 1ea Sliced Peaches ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	4 Cinnamon Oatmeal ¼ c OR Assorted WG Cereal 1ea Buttered Toast 1 slice Pineapple ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea	5 Chicken Biscuit 1ea OR Assorted WG Cereal 1ea Mandarin Oranges ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	6 French Toast Sticks 3ea OR Assorted WG Cereal 1ea Sausage Patty 1ea Mixed Fruit ½ c / Fresh Fruit ½ c Milk Choice 8oz Syrup 1ea
9 WG Cereal Bar 1ea OR Assorted Cereal 1ea Cheese Stick 1ea Pears ½ c Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz	10 Ham & Cheese Croissant 1ea OR Assorted WG Cereal 1ea Sliced Peaches ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	11 Breakfast Pizza 1 slice OR Assorted WG Cereal 1ea Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	12 Bologna Biscuit 1ea OR Assorted WG Cereal 1ea Mandarin Oranges ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	13 WG Cinnamon Roll 1ea OR Assorted WG Cereal 1ea Cheese Stick 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz
16 WG Cinnamon Bun 1ea OR Assorted WG Cereal 1ea Sausage Link 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	17 Sausage Gravy Biscuit 1ea OR Assorted WG Cereal 1ea Sliced Peaches ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	18 E-Learning Day No Students	19 Chicken Biscuit 1ea OR Assorted WG Cereal 1ea Mandarin Oranges ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	20 WG Pancake on a Stick 1ea OR Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea

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(Please make note that the menu is subject to change)

23 WG Pop Tart 1ea OR Assorted WG Cereal 1ea Cheese Stick 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	24 Ham & Cheese Croissant 1ea OR Assorted WG Cereal 1ea Sliced Peaches ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	25 Egg & Cheese Omelet 1ea OR Assorted WG Cereal 1ea WG Toast 1 slice Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea	26 Bologna Biscuit 1ea OR Assorted WG Cereal 1ea Mandarin Oranges ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	27 WG Waffle Sticks 2ea OR Assorted WG Cereal 1ea Sausage Patty 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea
30 WG Muffin 1ea OR Assorted WG Cereal 1ea Cheese Stick 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	31 Sausage Biscuit 1ea OR Assorted WG Cereal 1ea Sliced Peaches ½c / Fresh Fruit ½c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	1 Breakfast Burrito 1ea OR Assorted WG Cereal 1ea Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	2 Chicken Biscuit 1ea OR Assorted WG Cereal 1ea Mandarin Oranges ½ c / Fresh Fruit ½ c Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	3 WG Mini Pancakes 1pk OR Assorted WG Cereal 1ea Sausage Link 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea